

John E. Tobey, M.D.

Education

Fellowship: Musculoskeletal (Sports & Spine)
University of Colorado Health Sciences Center
Dept. of Rehabilitation
Denver, Colorado
7/03 – 6/04

Residency: Physical Medicine & Rehabilitation
University of Colorado Health Sciences Center
Dept. of Rehabilitation
Denver, Colorado
7/00 - 6/03

Internship:
LDS Hospital
Dept. of Internal Medicine
Salt Lake City, Utah
6/99 - 6/00

Medical School:
University of Utah School of Medicine
Salt Lake City, Utah
9/95 - 5/99
Degree - M.D.

Undergraduate:
University of Utah
Salt Lake City, Utah
9/89 - 6/94
Degree - B.S. - Exercise and Sport Science – exercise physiology emphasis

Academic Appointments

Clinical Instructor – Department of Rehabilitation Medicine – University of Colorado Health Sciences Center

Hospital Privileges

University of Colorado Health Sciences Center – 7/03 – current
Avista Adventist Hospital – Louisville, CO – 8/04 – current
Boulder Community Hospital – Boulder, CO – 12/04 - current
Yampa Valley Medical Center – Steamboat Springs, CO – 11/04 – current
Kremmling Memorial Hospital – Kremmling, CO – 5/06 - current

Board Certification

Board certified – American Board of Physical Medicine and Rehabilitation #7781 (7/1/04)
Board certified – Pain medicine #865 (9/11/04)
Board certified – Electrodiagnostic medicine #3080 (4/30/05)

Licensure

Colorado State Medical Board Licensure - #41545 (exp.5/31/09)
Drug Enforcement Administration – (exp.11/30/08)
Advanced Cardiac Life Support (ACLS) (exp.3/30/09)
Cardiopulmonary Resuscitation (CPR) (exp.2/27/09)

Professional Associations

American Academy of Physical Medicine and Rehabilitation (AAPM&R) – Fellow

Physiatric Association of Spine, Sports and Occupational Rehabilitation (PASSOR) – member
International Spinal Injection Society (ISIS) - member
American College of Sports Medicine (ACSM) – member
North American Spine Society (NASS) - member
Boulder County Medical Society – member
Colorado Medical Society – member
Boulder Valley Individual Practice Association - member
Phi Kappa Phi Nat'l Honor Society - member
Golden Key Nat'l Honor Society - member

Personal Accomplishments

University of Utah Varsity Swim Team - Letterwinner - 1989 - 93
Captain - University of Utah Swim Team - Senior season
Most Inspirational Swimmer - Senior season
Western Athletic Conference Champions (WAC) - University of Utah Swim Team - 1989 - 93
Academic All-Conference (WAC) - 1991 - 93
WAC Championship Finalist - 1991

Publications

Akuthota V, Tobey J. *Functional and dynamic anatomy of the Thoracic Spine*. Interventional Spine: An Algorithmic Approach. Book chapter. Elsevier Publishing. 07/07
Akuthota V, ..., Tobey J, et al. *The effect of long distance bicycling on ulnar and median nerves: An electrophysiologic evaluation of cyclists palsy*. American Journal of Sports Medicine. 8/05. 33:1224-1230.
Akuthota V, Tobey J. *Principles of Electrodiagnosis*. Sports Medicine: Just the Facts. McGraw-Hill Publishing. 10/04. Chapter 19.
Akuthota V, Tobey J. *Electromyography*. Sports Medicine: Examination and Review. McGraw-Hill Publishing. 11/04. Chapter 20.
D'Ambrosia C, Tobey J, Akuthota V, Sullivan W. "Anatomic basis for cluneal neuropathies: a cadaveric dissection and case discussion." Poster presentation AAPM&R Annual Assembly, Phoenix, AZ 10/04.
Kadish HA, Loveridge B, Tobey J, Bolte RG, Corneli HM. "Applying outpatient protocols in febrile infants 1-28 days of age: can the threshold be lowered?" *Clinical Pediatrics*. Feb 2000; 39(2):81-88.

Additional Research Experience

Tobey J, Apkon S. *Knowledge of Concussion Guidelines Among High School Coaches*. Oral Presentation – Gersten Day Lectureship. 6/03. Denver, CO
Tobey J, Saint-Phard D, et al. *Attitudes of amenorrhea among professional women soccer players*.

Conferences / Continuing Medical Education

Emerging Technologies Spine Summit – 2/08 – Jackson, WY
American Academy of Osteopathic PM&R Sports Medicine Conference – 4/07 – Breckenridge, CO
ACSM Advanced Team Physician Course – 12/06 – Orlando, FL
Boulder Neurosurgical Symposium – 11/06 – Westminster, CO
International Spinal Intervention Society – 07/06 – Salt Lake City, UT
ACSM Annual Assembly – 6/06 – Denver, CO
ACSM Advanced Team Physician Course – 12/05 – San Diego, CA
Boulder Neurosurgical Symposium – 10/05 – Boulder, CO
Diagnostic Musculoskeletal Ultrasound – 8/05 – NYC, NY
International Trauma Whiplash Congress – 3/05 – Breckenridge, CO
ACSM Team Physician Course – Part II – 2/05 – San Antonio, TX
Dekompressor (percutaneous microdiscectomy) / Vertebroplasty Course–Stryker sponsored–Denver, CO–11/04
AAPM&R – Annual Assembly – Phoenix, AZ – 10/04
Functional Rehabilitation and Performance Enhancement – Calabasas, CA – 4/04
PASSOR – Phase 3 – Cervical Injection Course – Memphis, TN – 3/04
ACSM Team Physician Course – Part 1 – Las Vegas, NV – 2/04
NASS Coding & Billing Conference – Aspen, CO – 2/04
Rehab Update Conference– Park City, UT – 2/04
North American Spine Society – Annual Meeting – San Diego, CA – 10/03

AAPM&R – Annual Assembly – Chicago, IL – 10/03
Aspen Sports Medicine Conference – Aspen, CO – 9/03
AAPM&R – Annual Assembly – Orlando, FL – 11/02
Rehab Update Conference– Park City, UT – 2/01

Team / Event Coverage

Team Physician – University of Denver Women’s Soccer Team & Women’s Lacrosse Team
Training room experience at University of Denver and University of Colorado

Oral Presentations

Return to Play after Cervical Spine Injuries – AAOPMR Sports Medicine Conference – Breckenridge, CO – 03/07
The effect of long distance bicycling on ulnar and median nerves: An electrophysiologic evaluation of cyclists palsy. Presented at AAPM&R Annual Assembly – Phoenix, AZ – 10/7/04
Knowledge of Concussion Guidelines Among High School Coaches – Gersten Day Presentation – Denver, CO – 06/03
Ergogenic Aids – Resident Seminar - 2/02
Concussions in Sports – Resident Seminar - 2/01
Musculoskeletal Curriculum Lectures – PM&R residency program – 07/03 – 06/04

Medical School Honors/Awards

Honors grades in gross anatomy, embryology, neuroanatomy
Honors grade in the musculoskeletal and cardiovascular organ system course
Honors grade in the following clerkships: neurology, surgery, family practice
Honors grade in family practice sub-internship

Volunteer Experience

6/04,6/06,6/07

Ride the Rockies – Volunteer Medic

9/00 – 6/03

University of Denver Swim Team - Volunteer Assistant Coach

Assist with management and workouts of Division I Mens & Womens Varsity swim teams.

9/00 – 6/03

University of Denver Swim Team

Teach a Senior Leadership Seminar for the current seniors on the University of Denver Swim Teams. This seminar stresses the importance of taking an active leadership role with the team.

9/97 - 9/99

University of Utah Swim Team

Taught Senior Leadership Seminar as above.

Hobbies/Interests

Spending time with family: wife and three kids
Triathlons & Swimming